

**BURNHAM WEEK 2008**  
**SAILING INSTRUCTIONS**  
**23<sup>rd</sup> to 30<sup>th</sup> August 2008**

Burnham Week is co-ordinated by the Joint Clubs Committee (JCC) and the organising authority of each day's racing will be:

Saturday 23 <sup>rd</sup> & Sunday 24 <sup>th</sup> August	Royal Burnham Yacht Club
Monday 25 <sup>th</sup> & Tuesday 26 <sup>th</sup> August	Burnham Sailing Club
Wednesday 27 <sup>th</sup> & Thursday 28 <sup>th</sup> August	Crouch Yacht Club
Friday 29 <sup>th</sup> & Saturday 30 <sup>th</sup> August	Royal Corinthian Yacht Club

Commodores -	Paul Noonan RCYC Stuart Galloway RBYC Mike Harrison CYC Mike Gibson BSC
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JCC Chairman -	David Lenz
Represented Burnham TC, CAYF, CSC, CHA	

**Race Committee**

Principal Race Officer	Edwin Buckley
Race Officers	Jeane Horner Alf Reynolds Jo Barker John Hardy
Sailing Instructions	Race Management Committee: Edwin Buckley, Nigel Cole, Jeane Horner
Course Committee	Edwin Buckley, Kim Allen, Jo Barker, Mike Harrison, Jeane Horner,
Dinghies	Alf Reynolds, John Torrance
Trophies	Jo Barker
Administration	Pauline Wells
Results (Except Classes 1-6)	Liz Tolhurst
Classes 1-6	CYC
On-line Entries	Wendy Eagling

**Please note:**

**Before your warning signal please avoid the starting area. You do not want other classes spoiling your start, and they do not want you to spoil theirs. (SI 13).**

**Information relating to courses and marks will be found in Appendices A to C.**

**Town Cup entries must be submitted by 12 noon on Friday 29<sup>th</sup> August 2008.**

**The winner of the Town Cup is expected to continue the Burnham Week tradition of parading the Trophy in each of the Organising Yacht Clubs.**

**Team Trophy: A team comprises three IRC boats from a yacht club. The team boats must be notified in writing to the Burnham Week Office by Sunday 24<sup>th</sup> August at 16:00.**

**Classes 1, 2 and 3 Start Times may be subject to change on Sunday 24<sup>th</sup> and Monday 25<sup>th</sup> August in which case an amendment to the SIs will be posted in accordance with SI 4.1.**

**Courses will be displayed in accordance with SI 10.1. Course changes for Classes 1 – 6 will be broadcast on VHF Channel 77. For dayboat classes only, course changes will be displayed on the Committee Boat or Race Box. If a course change is made Code Flag T shall be displayed on the Committee Boat or from the Race Box. Dinghy Courses will be displayed at the CSC and BSC only.**

## SAILING INSTRUCTIONS

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## **1. General**

- 1.1 Times shown in these SIs are British Summer Time
- 1.2 A minimum of 2 boats shall start for a race to be valid
- 1.3 All Official Committee vessels and official JCC support boats will display a JCC pennant
- 1.4 The JCC pennant has JCC in black letters on a fluorescent background

## **2. Rules**

- 2.1 Racing will be governed by the rules as defined in the Racing Rules of Sailing (RRS), the Crouch Harbour Authority byelaws, the Notice of Race and the Sailing Instructions
- 2.2 Rule 44.2 for Classes 1 – 6 is changed by SI 18.1
- 2.3 Rules 60 and 63.1 are changed by SI 12.1 and 13.2
- 2.4 Rule 34 is changed by SI 19.2
- 2.5 Rule 40.1 is changed by SI 23.2
- 2.6 Rules 28.1 and 32.2 are changed by SI 15.5

## **3. Notices to Competitors**

- 3.1 Notices to competitors will be posted on the official notice board at the Burnham Week Office located at the east end of the ground floor bar of the Royal Corinthian Yacht Club.

## **4. Changes to Sailing Instructions**

- 4.1 Any change to the Sailing Instructions will be posted before 08:30 on the day it will take effect, except that any change to the schedule of races will be posted by 20:00 on the day before it will take effect.

## **5. Signals**

- 5.1 Signals giving course changes prior to the Start will be made from the relevant race box or Committee boat as described in SI 10.2.

## **6. Signals made Ashore**

- 6.1 Signals made ashore will be displayed from the race box of the Royal Corinthian Yacht Club.

## **7. Schedule of Races**

7.1 See Appendix C

## **8. Boat Identification**

- 8.1 Class Flags as described in the Schedule of Races shall be flown aft by Classes 1 – 6.
- 8.2 All boats shall clearly display their sail numbers on boat mainsail and spinnaker (where appropriate). If a boat has no sail number, she shall clearly display an identification number visible from both sides of the boat at all times. Failure to do so will result in a boat being scored DNC or DNF.
- 8.3 If a boat wishes to use a different sail number, a request shall be made in writing to the Race Officer, submitted by 17:30 hours the previous day. The Race Officer's decision may be posted on the official notice board by 08:30 hours the next morning or advised verbally.

## **9. Racing Areas**

9.1 The Race Area is the Thames Estuary and the Rivers Crouch and Roach.

## **10. Courses**

- 10.1 Courses will be displayed on the official notice board and may be broadcast on VHF channel 77. Copies may also be displayed at RBYC, CYC, BSC, BYH Harbour Master's Office and the CHA Office.  
Dinghy courses will be displayed at the CSC and BSC only.
- 10.2 If the course to be sailed is different from that published prior to the Start, the Committee Boat shall display Flag 'T'. For Classes 1 – 6 the new course shall be broadcast on VHF Channel 77 and for dayboat classes the new course shall be displayed on the Committee Boat and may be broadcast on VHF Channel 77 and given orally.  
Any failure of a boat to sail the correct course due to a change of course prior to the Start will not be grounds for redress.
- 10.3 Courses to be sailed shall be selected from Appendix A. Classes 1, 2 and 3 courses to be sailed shall be selected from Appendix A and the navigation buoys of the river Crouch and the Thames Estuary.

## **11. Marks**

11.1 Marks will be as described in Appendix B.

- 11.2 The mark positions given are approximate. It is the boat's responsibility to identify the actual location of the marks.

## **12. Keeping Clear at the Start**

- 12.1 Boats whose warning signal has not been made shall avoid the starting area. A boat infringing this rule may not be protested by another boat but may either be protested by the Race Committee or be penalised by the Race Committee without a hearing by the imposition of a time penalty of 1% of elapsed time. This changes RRS 60 and 63.1.
- 12.2 The pre-course starting area may be defined by a line of yellow post buoys.

## **13. The Start, start and finishing lines**

- 13.1 Races will be started in accordance with RRS 26.

### **13.2 Start and Finish lines**

- (a) The Pile House (PH) Start line will be between an orange flag on a JCC Committee Boat and an orange buoy, east of Fairway 3.
  - (b) The Burnham Sailing Club (BSC) line will be between a triangle on the BSC Race Box and a triangle on the south shore.
  - (c) The Creeksea Sailing Club (CSC) line will be marked by transit triangles on the CSC Race Box. The ODM is Fairway Buoy No.15 but this may not be on the line.
  - (d) The Crouch Yacht Club (CYC) line is between a triangle on the CYC Race Box and a triangle on the south shore.
  - (e) The Pile House (PH) Finish line is to the east of Fairway No. 3 between a JCC Committee Boat displaying an orange flag and an orange buoy lying towards the north shore of the river.
  - (f) The Royal Corinthian Yacht Club (RCYC) line is between a triangle on the RCYC Race Box and a triangle on the south shore.
- 13.3 For Committee Boat Starts there may be an Inner Distance Mark (IDM) anchored near the Committee Boat. Competitors shall not pass between this mark and the Committee Boat at any time. A boat infringing this rule may not be protested by another boat but may either be protested by the Race Committee or be penalised by the Race Committee without a hearing by the imposition of a time penalty of 1% of elapsed time. This changes RRS 60 and 63.1.

- 13.4 When there has been a long postponement and where more than one race (or sequence of races for two or more classes) will be held on the same day, the Warning signal for the first race from that Start line and each succeeding race will be made as soon as practicable. To alert boats that a race or sequence of races will begin soon an orange flag will be displayed with one sound at least 4 minutes before a Warning signal is displayed.

## **14. Shortening Course**

- 14.1 In addition to the requirements of RRS 32:  
When Flag H, with 2 sounds, is displayed from a JCC Support Boat at a mark of the course, its meaning is – the course is shortened – pass between the JCC Support Boat and this mark and then sail to the finish line, passing through any gate(s) between the mark at which the course is shortened and the finish line.
- 14.2 Any Committee vessel used for finishing may hold position using her engine(s).

## **15. Finishing**

- 15.1 The Finish lines are as defined in SI.13.2 but competitors should note that the Committee finishing vessel may be on station at any mark of the course.
- 15.2 The Town Cup will finish at the RCYC line
- 15.3 Every boat when finishing shall ensure that all forms of identification (sail number/class numerals/class flag as detailed in SI.8.1) are clearly visible to the Race Committee.
- 15.4 Boats infringing SI.15.3 may not be identified and so may be scored DNC or DNF.
- 15.5 Elapsed times may be taken on the completion of each lap or at a nominated mark of the course. At the discretion of the Race Officer these times may be used for the corrected result if the prescribed race is abandoned or not completed. This changes Rules 28.1 and 32.2.

## **16. Retirements**

- 16.1 A boat that retires shall inform the Race Officer at the earliest opportunity either on VHF Channel 77 or verbally. Any boat that retires without informing the Race Officer as soon as possible will be fined £10.00, which will be donated to the Essex Air Ambulance Charity.
- 16.2 Boats in Classes 1 – 6 are also requested to wear an Ensign upon retirement or when not racing.

## **17. Moored Vessels**

- 17.1 An entered boat that makes contact with a moored or anchored vessel whilst racing shall retire and report the incident to the Burnham Week Office and the Crouch Harbour Authority.

## **18. Penalty System**

- 18.1 A boat in Classes 1 - 6 that may have infringed a rule of Part 2 of the RRS or RRS 31.1 while racing may take a time penalty of 1% of her elapsed time, unless she causes injury or serious damage or gained a significant advantage in the race or series in which case she shall retire. The boat shall display a yellow flag and comply with the requirements of RRS 44.3(a). This changes RRS 44.2.

## **19. Time Limits**

- 19.1 The time limit for all classes is 17:00 with the exception of the Town Cup, which has no time limit, and Dinghy Classes, whose limit is start time plus 3 hours. RRS 35 TIME LIMIT applies.
- 19.2 Boats finishing after 17:30 may find that the Race Officer has replaced the Committee Boat with a moored inflatable buoy displaying Flag M. This changes RRS34. These boats must time themselves in and declare this time in writing together with the sail number and name of any boat finishing before and after to the Race Office by 08:30 the next day.

## **20. Protests and Requests for Redress**

- 20.1 The Exoneration Penalty (and the Advisory Hearing and RYA Arbitration procedures) of the RYA Rules Disputes Procedures will be available. See the Official Notice Board for details.
- 20.2 Protest forms are available at the Burnham Week Office. Protests shall be delivered there within the protest time limit.
- 20.3 Protestors shall inform the Race Officer of their intention to protest when finishing or retiring in addition to displaying a protest flag where applicable. Completed Protest forms should be submitted by 16:00 that day or 2 hours after finishing whichever is later. The same time limit applies to protests by the Race Committee about incidents they observe in the racing area.
- 20.4 Notices will be posted on the Official Notice Board within 30 minutes of the Protest Time Limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the Jury Room at the RCYC or RBYC beginning at 17:00 (or earlier if agreed by the Protest Committee and all parties) to be advised by the Burnham Week Office.
- 20.5 Notices of Protests by the Race Committee or Protest Committee will be posted on the Official Notice Board within 30 minutes of the Protest Time Limit to inform boats under Rule 61.1(b).

## **21. Scoring**

- 21.1 RRS Appendix A Low Point System applies.
- 21.2 Discards excepting Dinghy Classes or where otherwise stipulated in SI Appendix X, List of Trophies –
  - (a) Bank Holiday Series 2 best results to count
  - (b) Midweek Series 4 best results to count
  - (c) Weeks' Series 6 best results to count

## 22 Safety

- 22.1 All boats are advised to carry a marine band radio and a mobile telephone for use in emergencies.
- 22.2 When the Y flag is flown ashore and/or from the relevant committee boat/ race box, personal buoyancy shall be worn which shall be clearly visible to other boats and the race committee. This changes RRS 40.1
- 22.3 Boats in Classes 1,2 & 3 shall comply with ISAF Special Regulations Category 4 plus a marine radio transceiver and have a minimum Safety Stability Screening Numeral (SSSN) of 20,20 and 17 respectively.
- 22.4 Boats in Classes 5 and 6 shall comply with their class rules and shall carry:
  - a) Adequate personal buoyancy for each crew member
  - b) 4 Red hand flares in date
  - c) Lifebuoy with drogue
  - d) Heaving line accessible to the helmsperson
  - e) Manual bilge pump with captive handle
  - f) Fire extinguisher
  - g) Anchor and warp
  - h) Marine compass
  - i) Marine radio transceiver
  - j) First Aid kit
  - k) Stout bucket with lanyard
  - l) Identification number
- 22.5 Boats in dayboat classes and Hunter 707s shall comply with class rules, carry two red or orange hand flares in date and adequate personal buoyancy for all crew members.
- 22.6 Anchors and outboard engines shall be stowed inboard.
- 22.7 Dinghy classes - Personal buoyancy shall be worn at all times while afloat
- 22.8 Dinghy classes shall comply with their class rules and have a current measurement certificate
- 22.9 The Race Committee may make spot checks of safety equipment on boats of all classes. Any boat not complying with the foregoing clauses 22.2 – 22.8 and their Class rules shall be protested by the Race Committee.
- 22.10 Boats in Classes 1-6 shall inform the Race Officer the numbers on board for each race on VHF Channel 37 prior to their Class Warning Signal.

## **23. Winning Pennants**

- 23.1 Pennants and glassware for the top 20% of boats in each class in each race will be issued at the RBYC from 16:00 – 18:00. Pennants should be flown from the backstay/aft.

## **24. Communications**

- 24.1 Race Officers may use VHF Channel 77 to communicate with competitors. Before, during and after racing, competitors should maintain watch on this channel.  
The foregoing channel may be used by competitors to signal retirement.
- 24.2 A boat shall neither make radio transmissions whilst racing (unless for safety purposes), nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.
- 24.3 The Race Officer may continue to broadcast the start sequence for all classes after Class 3. Failure of the Race Officer to do so will not be grounds for redress.

## **25 Prizes**

- 25.1 Prizes will be presented in accordance with Appendix X.

## **26. Disclaimer of Liability**

- 26.1 Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

## **27. Insurance**

- 27.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £2 million sterling.